



GORHAM GAZETTE



A COMMUNICATOR

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P.O. Box 123,
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Issue 5
June 25, 2012

The Circus Is Coming...The Circus Is Coming!!!

July 20th on the Gorham Common

The Gorham Rec. Dept. is proud to sponsor the all new and exciting "Circus, Circus and more CIRCUS" under the BIG TOP on the town common. There will be two exciting shows at 5:30 & 7:30 pm. Their newest production will dazzle and delight adults and children of all ages. The list of breathtaking acts included performances such as aerialist, acrobatics, magic, tons of comedy, along with an astonishing array of circus acts. Adults and children will be in awe at the performers stunning athletics ability and captivated by the clown's comedic antics.

Tickets: (children 14 and younger are FREE)

Advance: (adults 15+ are \$12.00 per person)

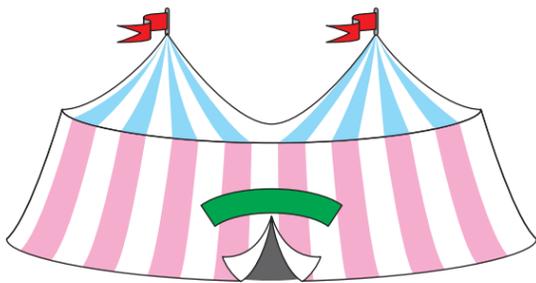
Show Day: (adults 15+ are \$15.00 per person)

FREE children tickets will be available at local merchants starting next week.

Discounted adult tickets can be purchased exclusively through the Gorham Parks & Recreation Department, please call 466-2101.

**All children must have a ticket and be accompanied by a paying adult.

**Limit 2 children per paying adult



Pavilion & Field Use

Libby Recreation Complex is also open for family reunions, class reunions, birthday parties and other functions. Call us at 466-2101 for more information or visit www.gorhamnh.org to download a "Pavilion Use Form".

THE WATER QUALITY AT LIBBY'S POOL WAS TESTED THREE SEPARATE TIMES DURING 2011. THE POOL PASSED WITH FLYING COLORS.

Happy Fourth of July



July 4th Background

Independence Day, commonly known as the Fourth of July, is a federal holiday in the United States commemorating the adoption of the Declaration of Independence on July 4, 1776, declaring independence from the Kingdom of Great Britain. Independence Day is commonly associated with fireworks, parades, barbecues, carnivals, fairs, picnics, concerts, baseball games, family reunions, and political speeches and ceremonies, in addition to various other public and private events celebrating the history, government, and traditions of the United States. Independence Day is the national day of the United States.

During the American Revolution, the legal separation of the Thirteen Colonies from Great Britain occurred on July 2, 1776, when the Second Continental Congress voted to approve a resolution of independence that had been proposed in June by Richard Henry Lee of Virginia declaring the United States independent from Great Britain. After voting for independence, Congress turned its attention to the Declaration of Independence, a statement explaining this decision, which had been prepared by a Committee of Five, with Thomas Jefferson as its principal author. Congress debated and revised the Declaration, finally approving it on July 4.



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**THE AMERICAN LEGION DEPARTMENT OF
NEW HAMPSHIRE DISTRICT 8
LET NO VETERAN DIE ALONE COMMITTEE**

Our kick off meeting for the introduction of our Program "Let no Veteran Die Alone" in November 2009 was held at the Gorham American Legion Post 82 with Legion members from Gorham, Berlin, Groveton, the Berlin Marine League and Legion Auxiliary members to discuss what our organization and goals would consist of. We decided that we would start concentrating on the Gorham/Berlin Posts.

Attending our third monthly meeting were Maurice Anderson, District 9 Commander, Jim Krajniak, Littleton Post 68 Commander, Lenny Egan, District 8 Chaplain and District 8 Auxiliary Officers Linda DuPont and Dianne Bouthot decided that we would join the district and have all seven posts consisting of #17 Groveton, #20 Woodsville, #36 Berlin, #41 Whitefield, #62 Colebrook, #68 Littleton and #82 Gorham. Doing this would in our program acquiring us having more support covering the whole North Country. At this time Acting Chairman Ray Vachon and the Committee decide it would be beneficial for our goals to join the district.

By March 2010 our new District 8 Officers Committee were appointed by Commander Jim Krajniak with Ray Vachon as Chairman, Duffy Daugherty as Vice Chairman. The seven posts of District 8 would automatically have their Commanders, Chaplains, Sons of Legionnaires and Auxiliary Officers as Committee Members. Each member organization will automatically have its Chaplain as leader of their post's activities and will report to the District 8 LNVDA Chairman.

Adhering to the HIPAA Privacy Act, Training of Chaplains and their Visiting Volunteers, and other important requirements.

Any family of a Veteran, or a Veteran himself or herself, with interest in this program should contact Ray Vachon at 603/752-2536 for further information and specific requests.

Ray Vachon
District 8 Chaplain



Department of NH
American Legion
District 8
"Let No Veteran Die Alone"
PROGRAM

*Supporting Our Loved Ones
During Their Final Journey of Life
So That No Veteran Dies Alone*

**"You matter to the last moment of your life,
And we will do all we can,
Not only to help you die peacefully,
But to live until you die."**
(Dame Cicely Saunders)

Contact: Gorham Legion Post 466-2433
Ray Vachon, Dist. 8 Chaplain 752-2536
Carmen Porto, Dist. 8 2nd Vice Cmdr. 723-7321

**Summer Schedule for the
Shelburne Union Church**

July 8th: Speaker-Brian Schimp from the Mount Forest Seven Day Advent Church

July 15th: Lay Speaker-Stan Knecht from Lancaster

July 22nd: Pastor Dean Stiles-Baptist Church in Berlin

July 29th: David Smith

The August schedule will be printed in the July issue of the Gorham Gazette.

The Shelburne Union Church is located off of U.S. Route 2 in Shelburne Village, NH

For information on future activities, services and events please contact our Church Committee members, Kim Landry at 466-5353 or Tommy Hayes at 466-3989.

**Jefferson Christian Church INVITES
FAMILIES TO BABYLON:
DANIEL'S COURAGE IN CAPTIVITY**

A summer children's event called Babylon will be hosted at Jefferson Christian Church from July 23rd to July 28th. Babylon will run from 2:00 PM to 4:30 PM each day. Children step back in time at Babylon, exploring Daniel's adventures as a captive in a foreign land. Kids age 3 to 12 can register at the door. For more information, call 603-466-2442.



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Glimpses of Gorham's Past: Innovation and Quality in Manufacturing

What Gorham company has supplied three former Presidents with their product? Can you name the local business that has one of their products on display at the Smithsonian Institute in Washington, DC? Who helped to build some of the ski trails at Wildcat, Cannon and elsewhere using skidders and a Bombardier tracked vehicle?

If you guessed Labonville, Inc., you're right. This widely known, family-owned company, was started in 1953. They were rooted in the North Country forests and employed 114 men and 55 workhorses in the early days. Over time, they grew into one of the largest manufacturers, importers and distributors of forestry supplies in North America.



Emilien Labonville (1910-1999) and his wife Dolores (Doyer) immigrated to the US from Quebec. He started out working in the woods and then began supplying horseshoes and other supplies to the woodmen and teams working in the Parmachenee area and elsewhere. A small chainsaw shop (Lombard, Jonsereids and now Husqvarna) in Gorham eventually grew into a base of retail operations and manufacturing center for some of the finest safety clothing and forestry supplies, among other things. They also hold patents on skidder chain designs.

Their company was one of the first American companies to design, manufacture



and promote safety apparel more than 30 years ago. In 1979 they opened their sewing plant, producing high quality chainsaw safety chaps, which three former Presidents have used. Working closely with DuPont, Labonville continues to lead the industry in safety clothing, having a sample of their chaps on display at the Smithsonian Institute.

Loggers, truck drivers and others require the best chains, cable and steel components. Thus in 1992, during Perestroika, Labonville, Inc. went to Russia, which has huge deposits of high quality ore. Manufacturers, with more than 100 years of experience, supply them with some of the best products at reasonable prices.

The company continues to grow, with retail stores in NH and Maine and catalog sales around the world. They serve arborists, loggers, farmers, industry, wrecker operators, outdoorsmen, contractors and homeowners.

They've come a long way from the days of axes, crosscut saws, horses and men working long hours in the woods, evolving as the forest products industry has changed. The company has been an integral part of the history of Gorham and the North Country and is likely to be for some time to come, with many of their products American made, some right here in town.

Reuben Rajala, Gorham Historical Society

All photos courtesy of Labonville, Inc.

GORHAM PUBLIC LIBRARY

35 Railroad St., Gorham, NH 03581 603/466-2525 gorhampubliclibrary@ne.rr.com Monday – Friday: 10am – 6pm Saturdays: 10am - Noon

STAFF PICKS

FICTION:

***The Eleventh Hour* by James Patterson and Maxine Paetro.** The Women's Murder Club is back chasing a serial killer. Could he be a rogue cop? And what about those severed heads in the garden of the abandoned home of a movie star? This one keeps us guessing!

***The House of Velvet and Glass* by Katherine Howe.** Boston of 1915 is the setting for this historical novel. The Allston family is grieving over the loss of mother and daughter on the Titanic. As each deals with his grief, these characters give the reader an insight of life during this time of tragedy and change.

***Only Time Will Tell* by Jeffrey Archer.** This is the first volume of a series of the Clifton Chronicles. It begins in England during the turn of the 20th Century, and introduces the reader to Harry, the son of a struggling tea shop clerk and, unknown to young Harry, the illegitimate son of the head of a very prominent London family. This story is rich in detail of the daily social structure and politics of life in England as the country heads toward inevitable war.

***The Sins of the Fathers* by Jeffrey Archer.** Volume 2 of the Clifton Chronicles continues with the adventures of Harry Clifton. After arriving in New York under a new identity, Harry is accused of murder. As the world enters World War I, Henry is desperate to prove his innocence and gain back his life.

***The Shattered Shell* by Brendan DuBois.** This is an older Lewis Cole mystery written by a New Hampshire author. The setting of the story is along the New Hampshire seacoast, so readers will recognize many places. This is an entertaining story with a likeable main character who has a mysterious past.

***Midnight in Paris (DVD)* written and directed by Woody Allen.** F. Scott Fitzgerald and Ernest Hemingway are only two of the many literary characters that we meet in this romantic fantasy about a aspiring young author and his love of Paris. This movie is so rich in characters and beautiful setting, and there is a bit of romance and comedy on the side!

***A Good Year (DVD)*.** The scenery of the French countryside and an aging but beautiful villa provide the incredible background of this romantic comedy about a cut-throat London stockbroker who comes to realize that there may be more to life than cutting deals and making money.

NONFICTION:

***Stand Up That Mountain* by Jay Erskine Leutze.** Imagine that a mining company decided to begin extracting & crushing granite from any one of the mountains around here. Now imagine that they did so without proper permits or notification...and they crossed the Appalachian Trail while doing so. This actually happened in North Carolina and this powerful story is told by an author who deftly

handles both the history and intricacies of the fight to save the mountain and its community – wildlife and human. A great read!

***As Texas Goes...* by Gail Collins.** This book looks at how Texas manages to impact national politics – from No Child Left Behind to energy policies. With humor and a good pace, the author moves through each subject in detail. A timely addition to the political arena.

***Lost Kingdom: Hawaii's Last Queen, the Sugar Kings, and American's First Imperial Adventure* by Julia Flynn Siler.** This fascinating history of Hawaii draws you in from the very beginning. Rich in detail and drama, it is an unsentimental account of an exotic, little-understood part of the world.

SUMMER READING PROGRAM

The Gorham Public Library invites children aged Preschool through 8 to join us in our Summer Reading Program: **“Dream Big – READ!”** Wonderful books, stories and crafts will explore dreams and wishes, nocturnal animals, stargazing and more. Wednesday afternoons through August 1st (except for July 4th).

KINDLE AVAILABLE

Have you seen all those advertisements for the Kindle (electronic book reader)? Have you wondered what it's all about? It's a different way to read a book: it's very light, thin, and convenient. While obviously not the same experience as a regular, print book, it does offer the feature of changing the font (type size) to your need – it can go quite large! We have purchased one for the Library that you can check out. Just come on in and ask at the Circulation Desk. We will download a title from the varied selection of the New Hampshire Downloadable Audiobooks site onto our Kindle and show you how to operate it. If you have any questions, please call us at 466-2525.



THANK YOU

A special thank you to Will O'Brien and the children from Mrs. Palmieri & Mrs. Walsh's 1st grade class at Ed Fenn Elementary School for planting the pumpkin seeds at the Library! (And a special thanks to Geryl O'Brien for the Pumpkin-chocolate chip cookies!) We're excited to watch it grow!

WINTHROP GRANGE

At our June 7th meeting of the Winthrop Grange #315 in Shelburne, NH, we welcomed a new member to our organization, Kathy Snyder. We also had a memorial program put on by our worthy Lecturer, Jenny Call, in remembrance of all members who have passed. Our next meeting will be July 5th at which time a youth program will be put on by the Youth Chair, Rachele VanSant.

LETTER TO THE EDITOR:

Dear Sir,

I am writing this letter in regard to the condition of the Rest Area located here in Shelburne as the residents living here are quite concerned about it.

The first thing is the closing it off all Winter, and the second is that around the area the grass is not being mowed and trimmed.

If the main problem is the Septic System, why doesn't the State of New Hampshire get in touch with those who installed it and make them fix whatever the problem is. If we have problems with our systems it is up to us to get them repaired at our own expense. It should be the same for them.

Another reason for my sending this letter to you that without the rest area being open, the truck drivers, and we have many of the, day and night, have no place to get off the highway to rest. How many people know that this is the first rest area that truckers and tourists coming either from Portland or Bangor Maine have access to. So, please, take those horrible barricades down, NOW, and let the truckers and our tourists have a place to take a break.

Also, please take down those CLOSED FOR THE SEASON signs. Also, we do not need to have those porta potties there as they are very unsanitary and there is nowhere to wash your hands. We have a very nice camping area right next door and they don't need to have to look at them.

We are proud of our Town, but I guess the politicians, the Governor and DRED really do not care, but wait until voting time comes around again.

I would like a reply about this matter as soon as possible. I have 200+ signatures on this matter from Shelburne and surrounding towns.

Thank you,
Priscilla (Tillie) Meyers, Shelburne, NH

Dear Ms. Meyers,

Thank you for bringing this to our attention. We suggest that you contact the people/group who are responsible for this property to discuss your concerns. We will be happy to help in any way that we can in assisting you in getting your message to our readers. Good luck.

The Editor

Hearing Enhancement Centers Receives State-of-the-art Training on Newest NuEar Products



Al Langley, founder of Hearing Enhancement Centers accepts the national NuEar achievement award from Bill Austin, CEO of NuEar, and founder of the Starkey Hearing Foundation.

Hearing Enhancement Centers is proud to announce that its employees were one of the first to receive continuing education about NuEar's latest technologies – including the industry's most versatile cell phone solution, SurfLink® Mobile – at the recent NuEar Innovation Summit in Eden Prairie, Minn.

"We are so excited to offer NuEar's latest technologies and advancements in hearing healthcare," said Al Langley, President and CEO, of Hearing Enhancement Centers. "The Summit gave us the opportunity to learn from industry experts in hearing healthcare about the newest technologies and applications that will offer our patients incredible benefits."

Courses encompassed detailed training on new technologies including SurfLink Mobile and a host of new wireless products. SurfLink Mobile enables hands-free cell phone conversations and is also a breakthrough remote microphone, assistive listening device, media streamer and hearing aid remote. NuEar SDS™ wireless hearing aids include a newly styled receiver-in-canal (RIC) that offers the benefits of NuEar's IRIS™ Technology. Additionally, attendees learned about NuEar's economy-level Intro™, which extends wireless capability for virtually any individual's need.

The NuEar Innovation Summit is one of a number of trainings Hearing Enhancement Centers leadership and staff have attended to continue to grow in the hearing healthcare profession.

Hearing Enhancement Centers has been recognized as #1 in LOOK Wireless hearing aid fittings and offers a variety of other hearing care services including hearing evaluations, video ear inspections, and a large variety of hearing instrument fittings. With four locations in Gilford, Rochester, Gorham, and Concord NH, Hearing Enhancement Centers provides patients with a number of convenient options to find out more about their hearing health. For more information or to set up an appointment with Hearing Enhancement Centers, please call 1-800-755-6460 or visit www.hearclearnow.com.

American Cancer Society Relay For Life Is a Success

The past weekend's 15th annual American Cancer Society Relay For Life® of Berlin/Gorham raised over \$76,500.00 to support the Society's mission of saving lives from cancer, leaving 300 volunteers exhausted, but happy, after walking for 17 hours at the Gorham Common, Gorham. This year's total brings the amount raised by the community to more than \$729,000 since Relay started in Berlin/Gorham in 1998. To learn more about us or to get help, call us anytime, day or night, at 1-800-227-2345 or visit cancer.org.

LETTER TO THE EDITOR:



Town of Gorham, NH

Town Manager's Office
20 Park Street, Gorham, NH 03581
603-466-3322
603-466-3100 Fax
www.gorhamnh.org

001 Eastern Green Street, 1st Fl.

June 5, 2012

Fred Gilman
Gorham Gazette
PO Box 173
Gorham, NH 03581

Dear Mr. Gilman:

On June 4, 2012, the Gorham Board of Selectmen discussed the May 30, 2012 edition of your publication, *Gorham Gazette*. While all agree that your paper is a delightful addition to the Town of Gorham, there were a couple of things that stood out to this Board.

First, the piece on the 1927 flood by Reuben Rajala of the Gorham Historical Society was informational up until the last paragraph where it fell in opinion rather than fact. We feel that this historical piece should not have included the last paragraph; rather the opinions should have been in the form of a letter to the editor.

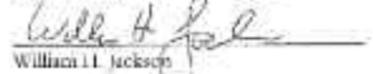
Secondly, the article on the erection of an informational kiosk contained erroneous information. When the plans first were developed for the location of the kiosk, the Board wanted to see if there was a possibility of moving the structure closer to the existing information kiosk. We were provided with the costs to make those adjustments and after consideration, decided to keep the location as originally suggested. Thus, the kiosk will not cost the Town anything. It is important for information given to the public to be accurate. We would suggest that a call to Town Hall to gain more information may be helpful in that end.

Again, we want to express our appreciation for this additional source of news and other information for residents and visitors to Gorham. We just hope that, in the future, we can count on the accuracy of the information.

Respectfully,
GORHAM BOARD OF SELECTMEN


David M. Graham, Chairman


Paul Robitaille


William H. Jackson

Dear Sirs:

Thank you for your recognition letter of June 5th. This is actually the first acknowledgement by the Town officials of the presence of our communicator, the *Gorham Gazette*, since we began our monthly editions this past February. The only contribution we have received from the Town of Gorham until now has been from the staff of the Medallion Opera House, which we have shared with our readers.

We live here, as well, and want to see our beautiful area grow and thrive. Our goal is to contribute in any way we can.

We have been in publishing a long time and have always adhered to the sanctity of free speech and expression as is guaranteed through the First Amendment to our Nation's Constitution. We, therefore, have encouraged people to express their thoughts and concerns about our community within the parameters of the law. This coming Holiday of July 4th, our Country's Independence Day, is a fitting time to remember our founding principles.

Reuben Rajala's comments in our edition #4 of May 30th fell within the guidelines of freedom of speech. He has worked with us as a contributing writer since we began and we appreciate his efforts and input.

We welcome Reuben and others to continue to do the same at any time they would like to participate.

As publishers we accept full accountability for the content and format of the *Gorham Gazette* and the *Our Village* and Village Publications Group in Chicago.

As for the kiosk information you refer to, we did receive our data directly from an official of the Town of Gorham. We later learned that the Town had found a way to save the \$8,000 in question, a fact we had planned to address in this issue of June 25th. Now that will not be necessary in its original design because we are answering it here in this reply to your letter.

As to your last comment, it was insulting. Naturally our pursuit to maintain the highest ethical standards is ongoing as we are sure the same is true for you in your fiduciary roles as Town officials.

Please send us material to include in future editions of the *Gorham Gazette* so that our readers may know of activities, events, Town business, etc. and then we can all be assured as to its accuracy.

Yours truly,
Frederick & Christine Gilman
Publishers, Village Publications

Gorham Economic Development Committee

The Gorham Economic Development Committee held its most recent meeting on Monday, May 21, 2012 from 4:00-6:00 p.m. at the Gorham Public Library. Their special guest was Shelburne Selectman, Mr. Stan Judge.

The Committee has identified five areas of development for our area:

- 1) Tourism
- 2) Industrial/Commercial Growth
- 3) Transportation
- 4) Housing
- 5) Gorham Business Friendly Environment

Their next meetings will be held on June 25th and July 23rd at 4:00 p.m. at the Gorham Public Library.

Gorham Lifestyles

The Market Place at 101
Antiques & Unique Finds...

Becoming a Collector

I recently had an interesting conversation with a shopper at the Marketplace. Intrigued by all the wonderful items from the past she was seeing and experiencing some nostalgia from items that brought forth visions from her childhood, she was wondering how a person becomes a collector.

Her question was “how does someone have the foresight to keep something or start collecting things”? It seemed like a reasonable question. She really seemed to want to know why one man’s trash is another’s treasure. I have to be honest, I worried she was a psychologist perhaps sent in from friends & family to gain understanding on my reasons for being a “potential” hoarder. So with caution, I stated the what, where, when & why’s of it all – rather compellingly I thought. I know I was convinced it was an insightful and noble thing to be a collector!

A collector does save the things from the past; things they like sometimes, things they forget about in a drawer, things they just tucked away for no real reason and those things can be things that are later sought after by others and even imitated by manufacturers. They assign some value to it and it becomes a “keeper”.

Collectors alike will tell you it’s a passion. It begins with a love of the past and even a great appreciation of old traditions and workmanship. It also conjures up nostalgia certainly; collecting things that remind you of good memories is comforting and joyful. Add to the mix simply finding things that you say to yourself are “way cool” and decide to keep it. There are also the gifted collectors who possess a creative flair of finding clever ways to repurpose their treasures. It is a great way to have a green approach but also a very nifty way of setting yourself apart from others, trend setters!

It’s a great pastime. It’s an adventure, like hunting for big game but the big game is “junk” and the hunt is finding it, having it and one day even selling it. But there is a dark side to it, the quest can be a bit compulsive. No one ever thinks they will dive into a dumpster... ever, or for that matter risk the lives of their family when they do a u-turn at 60 mph because they passed an estate sale on the way to visit friends. For that matter, who’d consider trips to the dump in several neighboring towns in one day, or getting so anxious to get into a thrift shop they tripped on the door stop and had to get 10 stitches? It can be that distracting.

Then there’s “the community” of all of those who dare to do the trade, elbow-to-elbow at auctions, estate sales and flea markets. You’d think there would be squabbles and even some name calling but for the most part, that’s not the case. A good collector knows that’s not the right game. The other collector can be an ally or better yet helpful in certain circumstances, like when you need someone to keep an eye on your pile or add their opinion on “real or repro”.

Collectors are all different, both as people and at what they collect. Sure there is the stuff everyone would get because it’s currently the “desirable” type of inventory. Take old signs for example. They’ve been around for hundreds of years and reflect all periods and styles. Signs are hot – it could have been impacted by Martha, Brimfield, maybe Nate Berkus or even American Pickers but word has been out for some time that signs are the thing to buy. I dare say they will fade at some point but for now, a great sign selling at an auction or that may even have been discarded at the dump could stir up some bad behaviors in fellow collectors. For all those desirable items there are just as many different things including oddities that are collected from all kinds of eras, so there is no need for collectors to be quite so competitive since what’s collected is almost endless! I do maintain, for the most part that collector’s all admire one another for sharing a passion that is deeply instilled in their beings.

In parting, I shared with this woman that judging from the small collection of vintage items she had assembled, she was already a collector. That in just a matter of time she would be renting a table at a flea market, purchasing tubs to store things in or bringing items in to consign and so on. Becoming a collector happens because you find “made in the USA” items just seem to be made better, that very old glass has weight and imperfections that make it beautiful, that an embroidered table cloth that was worked on for hours upon hours has a most unique design, that an old tool can still serve an amazing purpose hanging on the wall of an entryway. The list goes on and on.

I compel all into taking a stroll into the aisles of the Marketplace at 101. It will take you down memory lane, show you the art of repurposing, give you the right size table for that empty corner in your room, and add ideas to your world and great treasures into your life. Oh yes, there’s tasty things to snack on and some pretty fun people to chat with, collectors and non-collectors alike!

By a fellow collector, customer and seller at Marketplace at 101, Gorham NH 466-5050

GORHAM HOUSE FLORIST

“All At The Same Time”

It has always amazed me on how there can be so many events going on at the same time. I mean, really amazing events in people’s lives, happening “all at the same time”. For example, my son just graduated from High School a couple weeks ago. That was the focus – Class Day, Graduation ceremony, chem free party, family party, food, decorations, flowers, on and on and on. In my mind’s eye, that’s what the whole world was doing. Shouldn’t time have stood still for all of this celebration?

That’s when being a florist can give you a broad sense of reality. While this major event was happening for my son and our family, others were experiencing the same on so many different levels.

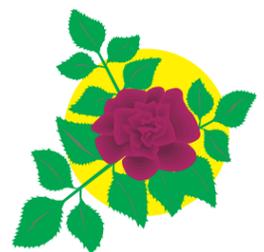
A bride was coming in to book flowers for that special day; a couple came in the shop to get a bouquet for the birth of that bundle of joy that had made them grandparents for the first time. A bouquet and corsage for the milestone of a retirement, dance recitals, anniversary parties, and talking to a family about the perfect floral display for the loss of a loved one. Huge life changing events. It’s so amazing to be a small part of it all. “All at the same time”.



Terri Colarusso

The Meaning of Roses

Red - Love; Passion; Respect
Yellow - Joy; Friendship
White - Innocence
Lavender - Affection; Enchantment
Green - Envy; Infatuation
Peach - Desire; Gratitude; Appreciation
Dark Pink - Thankfulness
Light Pink - Grace; Friendship; Joy
Orange - Creativity; Fascination



If you look hard enough, all colors of all flowers will have a meaning. To me the real meaning of flowers is the sentiment behind the gift.

On that note, Have a great bloomin’ day.

Terri Colarusso, Gorham House Florist, 10 Exchange St., Gorham; 466-5588



When I first moved to the North Country from Massachusetts, I was discussing the move with one of my first friends who I met at the Jefferson Snowmobile Club. So, when I told her how excited I was to move to such a beautiful place, I remember her saying, yes but our winters are so long. I thought I understood what she meant, because it was the winter weather that brought me here to begin with and that’s when I spent most of my time here. However, until you live here on a permanent basis, you don’t get it; or at least I didn’t, I just thought I did. For me March, April & May are the toughest months because I think it should be Spring and we all know that’s not true. So what’s my point, I’m glad you asked....



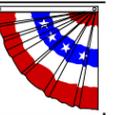
Susan Griffin

Rejoice it’s finally summer time! So I’ve decided to talk about feet, you heard me, that’s right feet. I believe they should get the respect they deserve and quite honestly aren’t there a few people out there who you believe should do a better job of taking care of their feet? Why bring it up now, isn’t it obvious, this is sandal time for both men and women. So first check for dryness, after soaking your feet in a foot bath, exfoliate your feet with a pumice stone or foot file and then follow up with a rich body cream I like to do this right before I go to bed and then I put on white socks; you will see a huge difference in the morning. As I’ve mentioned before, it’s best to put on a body moisturizer from head to toe every day. Next, trim and file your toe nails on a regular basis, being careful not to cut them too short or you could get an in-grown toe nail and they hurt. It’s best to file your toe nails as well, because it helps to prevent jagged and uneven nails. You could do what I do and get regular Pedicures, they are fabulous! I had my first in my late thirties and to husband’s dismay, have never looked back. I get them on a pretty regular basis, about once a month. How often you get a Pedicure I think, depends on how much home care you do and what you do for a living and if you have any issues with your feet. Women... anyone can paint toe nails, it’s the soaking, trimming of cuticles and nails, filing and exfoliating that are most important. Also, discuss any problems you do have with your feet with the person doing your Pedicure. There are times when I will recommend in addition to regular Pedicures that one of my Customers see a foot doctor as well and the reason why I think it’s a good idea. For the men in my life, I do have male clients who get Pedicures on regular basis and love it (you know who you are and your secret is safe with me). Just think how more enjoyable your summer will be with Happy Feet! **Until next time...**

Susan Griffin, Owner and Operator, Salon 64, 64 Main St., Gorham; (603) 466-9964.



HAPPY BIRTHDAY U.S.A.



4th of July



4TH July Events 2012

Friday June 29th

6:00 pm – 10:00 pm Miller Amusements Carnival Midway
6:00 pm - 9:00 pm Mike Bradley Band & Friends

Saturday June 30th

9:00 am- Tennis Tournament (8:30 am Registration) Sponsored by AVH
11:00 am-10:00 pm – Vendors Open Sponsored By: American Legion Aux
12:00 pm - 10:00 pm Miller Amusements Carnival Midway
12:00 pm - 5:00 pm Bracelet Day On The Rides (pay one price \$17.00)
Sponsored By: Northway Bank
12:00 pm – 6:00 pm Horse Drawn Wagon Rides \$2.00 adult \$1 under 12
6:00 pm – 8:00 pm Balloon Time with Bobo The Clown
7:00 pm - 10:00 pm Concert: Beatles Tribute FAB4EVER Sponsored by:
Berlin City Auto Group

Sunday July 1st

9:00 am- Tennis Tournament Sponsored by AVH
9:00 am Horseshoe Registration time. \$5 per person - Bring your own partner. Money Prize
10:00 am Horseshoe Tournament
10:00 am – 3:30 pm Patriotic Coloring Contest Sponsored By: Child Advocacy Center of Coos County
11:00 am-10:00 pm – Vendors Open Sponsored By: American Legion Aux



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The July 4th Holiday is an important part of American Life. It takes in many venues which, in turn, require a lot of planning and thought. We want to thank all of the people who keep our community a great place to live and work. We also appreciate the Town of Gorham Board of Selectmen, David Graham, Chairman, Paul Robitaille and William Jackson for all of their help in assuring the continuation of traditions through their control and approval of all of the events we enjoy. The Editor

Observance of Independence Day Facts

In 1777, thirteen gunshots were fired in salute, once at morning and once again as evening fell, on July 4 in Bristol, Rhode Island. Philadelphia celebrated the first anniversary in a manner a modern American would find quite familiar: an official dinner for the Continental Congress, toasts, 13-gun salutes, speeches, prayers, music, parades, troop reviews, and fireworks. Ships were decked with red, white, and blue bunting.

In 1778, General George Washington marked July 4 with a double ration of rum for his soldiers and an artillery salute. Across the Atlantic Ocean, Ambassadors John Adams and Benjamin Franklin held a dinner for their fellow Americans in Paris, France.

In 1779, July 4 fell on a Sunday. The holiday was celebrated on Monday, July 5.

In 1781, the Massachusetts General Court became the first state legislature to recognize July 4 as a state celebration.

In 1783, Moravians in Salem, North Carolina, held a celebration of July 4 with a challenging music program assembled by Johann Friedrich Peter. This work was titled "The Psalm of Joy".

In 1791, the first recorded use of the name "Independence Day" occurred.

In 1820, the first Fourth of July celebration was held in Eastport, Maine which remains the largest in the state.

In 1870, the U.S. Congress made Independence Day an unpaid holiday for federal employees.

In 1938, Congress changed Independence Day to a paid federal holiday.

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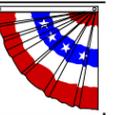
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HAPPY BIRTHDAY U.S.A.



11:00 am Pat's Auto Classic Car Parade Line Up (Ed Fenn School)
 11:30 am Pat's Auto Classic Car Parade (Down Rt 16 to Railroad St) 12:00 pm - 10:00 pm Miller Amusements Carnival Midway
 12:00 pm - 5:00 pm Bracelet Day On The Rides (pay one price \$17.00)
 Sponsored By: Northway Bank
 12:00 pm - 6:00 pm Horse Drawn Wagon Rides \$2.00 adult \$1 under 12
 12:30 pm - 2:00 pm Pat's Auto Classic Car Show with 50's & 60's music
 SPECIAL GUEST: Bobo the Clown
 6:00 pm - 7:30 pm Chili Chowder / Dessert Cook Off Hosted By GFD/GMES @ the Fire Station
 6:00 pm - 10:00 pm Concert: Bill and Denise & Friends



Chamber of Commerce
 10:00 am - 10:45 am REGISTRATION For Kiddies Parade (REGISTRATION is a MUST at Ed Fenn School)
 11:00 am - 10:00 pm Vendor Open Sponsored By: American Legion Aux
 11:00 am - 11:00 pm Miller Amusements Carnival Midway
 11:00 am Kiddies Parade (Starts at Ed Fenn School) Sponsored By: Northway Bank & Bank of NH
 SPECIAL GUEST: Bobo the Clown
 12:30 pm Run / Walk Registration at the Moose Meadow Mini Golf Course
 1:55 pm 1 mile Run / Walk (starts at Moose Meadow Mini Golf Course)
 Line up Starts at 1:30
 2:00 pm Parade (Parade Line up 1:00pm) (Starts at Dublin Street down Rt 16 to Railroad St.)
 6:00 pm - 10:00 pm Concert: Straightaway
 10:00 pm Fire Works
 Events schedule may change with out notice

Monday July 2nd

5:00 pm - 10:00 pm - Vendors Open Sponsored By: American Legion Aux
 5:00 pm - 10:00 pm Miller Amusements Carnival Midway
 Bracelet Day On The Rides (pay one price \$17.00)
 5:00 pm - 7:00 pm Bobo T. Clown presents Balloon Creations
 6:00 - 9:00 pm Concert: Jeremy Dean Band

Tuesday July 3rd

5:00 pm - 10:00 pm - Vendors Open
 5:00 pm - 10:00 pm Miller Amusements Carnival Midway
 Bracelet Day On The Rides (pay one price \$17.00)
 5:00 pm - 7:00 pm Bobo T. Clown presents Balloon Creations
 6:00 pm - 9:00 pm Zostak

Wednesday July 4th

9:30 am Duck Race on the Androscoggin Hosted by Androscoggin Valley

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Record Seekers Challenge the Mt. Washington Auto Road First Ascenders Make the Grade on Alton Weagle Day

By Steven Caming, Contributing Writer

While each person throughout time who has visited the Mt. Washington Auto Road has traveled on the very same path to the summit that first opened in 1861, that is where the similarity ends. They have come on foot, on horseback, in wagons and coaches, on bicycles, motorcycles and every other kind of motor vehicle imaginable. Each has seen the place through the prism of their own perception and taken away their own unique impressions.

Some have come just to spend a day above treeline, to take in the majestic vistas that stretch to the horizon in every direction. Others are testing themselves or their technology and equipment, knowing that Mt. Washington and the Auto Road would provide a proving ground that could set a standard or reveal a potential weakness. It is a place that seems to invite challenge and inspire certain individuals to measure themselves in ways that sometimes boggle the imagination...

Last week's 2nd Annual Alton Weagle Day on the Mt. Washington Auto Road was proof positive that more than 150 years after it opened, the lure of being the first to do something on the Northeast's highest peak is as compelling today as it ever was. As part of last year's festivities, several unusual "first ascents" were accomplished, including one person who made the climb on a unicycle, one on roller skis, a trio who Irish stepped danced their way to the top and one man who backed his vehicle from base to summit along the winding 8 mile road.

This year's Alton Weagle Day found an even more eclectic group of first ascenders lining up at 6 am to begin their record setting attempts. Each was inspired to march to the beat of a quite different drummer, but together they created a morning on Mt. Washington like no other.

Jesse Lyman-The Fireman—In what was certainly the most physically demanding attire of the day, this 45 year old, 18 year veteran of North Conway Fire Department donned full bunker gear (pants, boots, jacket, gloves, hoodie, helmet and breathing apparatus) and made a successful ascent on what was an 80 degree day! For Lyman, his effort was in tribute to all firefighters, living and gone, and making it to the top does indeed illustrate the remarkable fortitude and resilience of all firefighters.

How did it feel? "It hurt!" Lyman said, smiling. Between bugs, blisters and boots that were most certainly not made for walking, Lyman made his climb in 4 hours. Fortunately, he's used to feeling the heat.

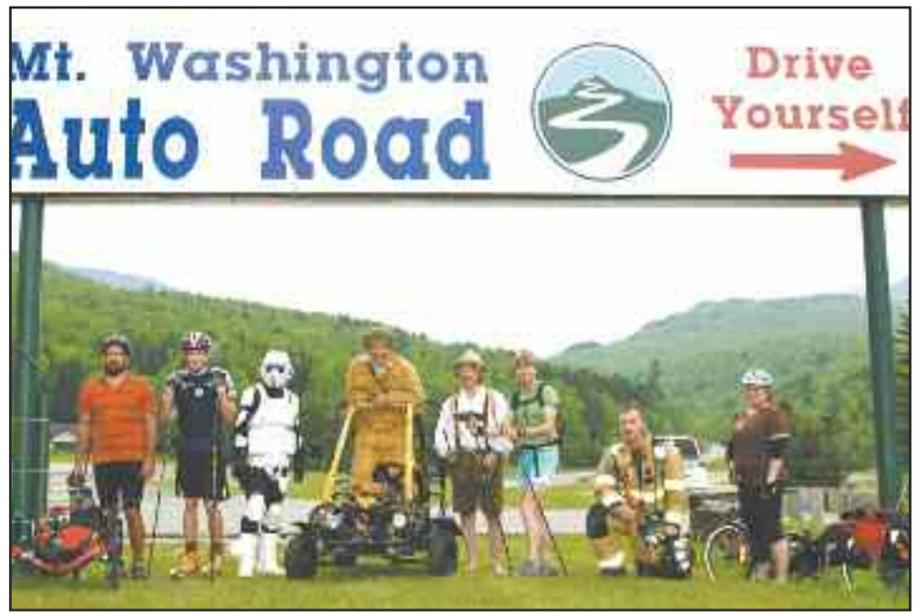
Andy Macleod-Star Wars Scout Trooper—Creating what could only be considered a visual tear in the time space continuum; this 27 year old Boston resident wore the easily recognizable white "armor" of the Scout Trooper from the Star Wars movie series. Carrying his "blaster" and in a full face helmet, Macleod made a stellar effort and finished in 3/12 hours. "I wanted a unique way to climb Mt. Washington, having already been on most of the trails up...and this was way better than hiking as a Storm Trooper," he noted. Who knew...

Leanne Lovell, Craig Newton-Recumbent Trikes—Climb Mt. Washington while laying down, now there's an idea! These 37 year olds from Orange, Massachusetts rode their "lawn chair on wheels" (as they called their trikes), on a 1200 miles tour last summer, have done all the New England states in 36 hours and are currently planning a cross country trip. "It's a comfortable bike," said Newton, "but the toughest ride I can remember in quite awhile."

Welcome to Mt. Washington, Mr. Newton.

Sean Doherty-Roller Skier Extraordinaire—In a performance that reminds the rest of us what true athletic excellence looks like, this 17 year old from Conway roller skied his way to the top of the Northeast's highest peak in just one hour and 45 minutes. Although no evidence could be found, it is believed that he did, in fact, break a sweat at one point (but it could have been condensation from the fog above 6000 feet).

Doherty, who is already revealing a stunning depth of ability as a biathlon skier, recently was one of only six teenagers from the United States invited to participate in the Youth Winter Olympics in Austria, where he won a medal.



Sue Wemyss-Nordic Walking—Proving that former Olympians can still kick your butt in most athletic endeavors, Wemyss, 52, powered her way to the top in just two hours five minutes. As Ski School Director and a paddling guide at Great Glen Trails she considers physical conditioning a way of life and shares her passion for fitness and the outdoors all year round (thankfully, she goes slower when others are involved!).

Hans Bauer-Backwards, Barefoot, Jumping Rope—Returning to the Auto Road after making a successful winter ascent this past season on stilts with snowshoes, Bauer latest ascent was a tribute to the event's namesake, Alton Weagle. It was Weagle in the 1950s who originally climbed the road barefoot, backwards, blindfolded and pushing a wheelbarrow with 100 pounds of sugar in it.

Bauer, who made his climb in Lederhosen, felt he had new insight into Weagle's feats. "I definitely feel a kinship with him after doing this," Bauer noted. The secret to his success? "Just put one foot behind the other and be patient."

Crotchet T. Caming—Go Kart, in buckskins and coonskin cap—This eccentric character, who also serves as Media Director for the Auto Road, followed last year's backwards drive up the road with this first ever go kart ascent. The 6 horsepower contraption featured antlers on the front, a leather wrapped frame and a bird house hanging off the back. While the 60+ mph winds, fog and rain on the summit made for a dramatic finish, the ascent took just about an hour...and the descent caused more than a few looks of amazement from tourist's cars on the way up.

An awards ceremony in the newly dedicated Douglas Philbrook Red Barn Museum completed the festivities and then this group of newly minted Mt. Washington superheroes each went back to their day jobs, to await the next time Mt. Washington's siren song lures them back to Pinkham Notch.

REGISTRATION OPENS FOR N.H. "BECOMING AN OUTDOORS-WOMAN" FALL WORKSHOP

Women who want to learn outdoor skills can now download and mail in their applications for New Hampshire's fall Becoming an Outdoors-Woman weekend workshop, which will take place September 7-9, 2012, at Rockywood/Deephaven Camps on Squam Lake in Holderness, N.H.

To register, visit <http://www.nhbow.com> and download the Becoming an Outdoors-Woman fall workshop brochure and mail-in registration form. For questions or to get a registration form, email aquatic-ed@wildlife.nh.gov or call 603-271-3212. Registration forms will be accepted by REGULAR MAIL ONLY. Please note that you can no longer drop off applications in person.



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National Honor and Junior Honor Society Induction

The National Honor Society and National Junior Honor Societies' induction ceremony was kicked off with a welcoming speech from Sarah Schoenbeck, president of the NJHS. Histories of the NJHS and NHS were given by Ava Jackson, vice president and Adam Tremblay, student representative. Speeches about the principles of each society, Leadership, Citizenship, Character, Service were given by President Jon Chabot, Alexis Marcou, Stephan St. Germaine, and Samuel Jensen. The night ended with the induction of the new members by Principal, Keith Parent. Community Service by the students in both organizations was recognized by Joan Merrill and Amanda Lavigne. Inductees into the National Honor Society were: Tyler Sanschagrín, Brooke Nadeau, Megan Mayers, Don Li, and Emily Grone.

New members of the National Junior Honor Society were Sabrina Connors, Lily Sullivan, Maxwell Sjostrom and Jack Sullivan.



For the National Honor Society Picture caption from left to right are Tyler Sanschagrín, Brooke Nadeau, Megan Mayers, Don Li, Emily Grone



For the National Junior Honor Society Picture caption from left to right are Sabrina Connors, Lily Sullivan, Maxwell Sjostrom, Jack Sullivan

Words of Wellness "YES YOU CAN"



How many times have you said "I can't workout, I don't have time." Or "I want to exercise but I'm too old." Or "If I didn't have this condition I would do more." Most of our members at the Royalty have overcome obstacles such as these, and others, to make exercise and health a part of their lives.

Anyone with a family can relate to how demanding their schedule is. I sometime ask members how they juggle working out. The answers vary, but the common thread is that they need to exercise for themselves. So they make it a priority, if for no other reason than mental health. They know how they feel when they workout and how they feel when they don't. Sure, they go through times when everything is hectic and the schedule is too tight. That happens to everyone. The key is that they never lose sight of how important health and exercise is. I recently had a member come to me with a handful of health issues and wanted to take control of the situation so it didn't reappear. I gave this person an exercise program designed specifically for them. With consistency and determination, they now have control over their health including COPD, heart issues, and lack of energy to name a few.

Too old to exercise? Our members 60yr. and older wouldn't accept that as an excuse. Come in the morning and you will find the most vibrant group of people I know. We even have an 89 year old member who can keep up with everyone else. These members have found something that they enjoy to make them feel better. Whatever you choose to do for exercise you want to enjoy it and be consistent with it. Start out small and every week add more to it.

Do you have an old injury or a condition that bothers you? I am yet to meet someone who's doctor told them that exercise would worsen their condition. Yes, always check with your doctor first, it's important to get some guidelines from them. Don't let any injury prevent you from enjoying life. In most cases exercise can be altered to work around physical problems and in many cases improve the problem. Remember, exercise isn't a contest. It's about feeling better, improving your quality of life and being healthier.

For questions and answers about starting a workout regimen, feel free to call me at 466-5422 or e-mail me at rlc20@yahoo.com. Lise King, Personal Trainer, Royalty Athletic Club 138 Main St. Gorham N.H. 03581

The Back Yard Gardener

Flower of the Month is the daylily (Hemerocallis)

If you are a novice gardener and would like a plant that is easy to grow and that will produce beautiful blooms for years to come with no fuss, then I would highly recommend the daylily, sometimes called the perfect perennial. If you are a more experienced or professional gardener then you'll enjoy hybridizing these sunny wonders to develop your own personal hybrid to call your own. There are over 60,000 registered cultivars and new ones are being developed everyday by professional hybridizers. Daylilies come in many shapes, sizes, colors also you can find some that bloom all summer and even longer than a day?



Will O'Brien

Growing and utilizing daylilies was an enormous tradition in Chinese culture for many years in China and more popular in 1059 A.D. The ancient Chinese grew daylilies before they even had written language because the buds were used in China as a common source of food. The root was also used as a pain reliever and to help cure cirrhosis and jaundice.

Daylilies need at least 6 hours of direct sunlight and some of the smaller types such as the Stella d'oro will grow in partial shade, however they will have a weak appearance. They are a plant that will grow and thrive in a wide range of well drained soil types, therefore they can be grown just about anywhere. Be sure not to waste your time taking a pH test, they are not fussy with the pH of the soil.

If you plant your daylily in well composted soil with a lot of organic matter then they will double in size but beware they'll need to be divided every three years to ensure proper growth. Daylilies can tolerate drought conditions yet will flower poorly, be sure to water them three times a week with one good soaking. You can purchase a 6-12-12 or 10-10-10 fertilizer or stop at your local farm for aged manure and gently work it in the soil. This plant isn't fussy and there are growers who don't fertilize at all! To retain moisture and to discourage weed growth I apply two inches of lawn clippings once a month.

When I lived in Paris Tennessee where my mothers side of the family is from, I've seen many orange Tawny Daylilies growing rapidly everywhere on the road side and in fields and meadows as a wild flower. The Tawny is that very popular orange day lily you might of noticed that grows in huge clusters. The Tawny in the north country isn't half as invasive as it is in the south and I use this flower to accent other daylilies in my yard.

I really enjoy growing and hybridizing the daylily. My favorite is one of the original ancient heirloom types from china named Custard Lily, H. flava. This bright yellow flower is very invasive with long tentacle roots that spreads rapidly. So for all of you no none sense gardeners, give the daylily a try, it's truly a no fuss and a very easy flower to grow in any garden.

Will O'Brien



Coos County Botanical Garden Club News

Garden Club Photographer

The garden club would like to thank our club photographer Cathy Boucher for all of her wonderful photographs she has taken in the gardens that the garden club members volunteers at. Cathy was raised in Berlin by her mother with a large family of nine brothers. Her father owned Judson Roofing Company in Berlin New Hampshire. Cathy's says that she had a camera in her hand since she was 13 years old, and it shows. Cathy enjoys snapping shots of flowers and nature but her daughters are her world. Cathy states, "I practice with my girls by taking photos of them until I'm blue in the face." Other than her family she claims that taking pictures of flowers is her passion.



You can visit our website at botanicalgarden191.weebly.com and our facebook under Coos County Botanical Gardens to see the artistic collection of Cathy's latest work.

Gorham's Giant Pumpkin Challenge

I would also like to thank the Ed Fenn Elementary School for inviting me for a classroom presentation and joining us with the Gorham's Giant Pumpkin Challenge. I had a delightful experience with the class planting the Big Max pumpkin seeds and a seed from one of the worlds largest pumpkins. After the presentation the students walked over to the Gorham Library to plant the pumpkin seed along with having some tasty pumpkin cookies. Please take the time out of your day and drive by the front of the Gorham Library and check out the progress of our pumpkin as it grows throughout the summer. Once the pumpkin is harvest it will be on display on the porch of the Gorham Library.

I would also like to thank the staff at the Gorham Public Library for providing a wonderful place for this event, Geryl O'Brien for the pumpkin cookies and Kathy Lemieux of Gorham Mc Donald's for the containers that we used to plant the seeds in.

The garden club is scheduling many garden tours, events and gatherings this summer. If you are interested in joining the Coos County Botanical Garden Club please contact club president Will O'Brien at 723-7672.

Club President Will O'Brien

GORHAM PARKS AND RECREATION DEPARTMENT

39 Railroad Street, Town of Gorham, NH 03581 • 603-466-2101 • http://www.gorhamnh.org/Pages/GorhamNH_Recreation/Index

Dear Neighbors and Friends,

I was born and raised in Gorham other than the four years I spent in the military. My wife was also born and raised in Gorham. We have two kids, a girl 17 and boy 14. I was the interim Rec Director in the fall of 2008 and became full time during the spring of 2009. Since 2009 the Parks & Rec dept has built new dugout at Promenade field, Built a half basketball court on the common, started an annual soccer tournament for kids in grades 5/6, and many other improvements. The Parks & Rec Dept covers many aspects such as soccer, basketball and baseball / softball for children ages 5-12. We are in charge of all fields and parks such as the common, Libbys, Promenade, Grace Peabody, Cascade, etc. Along with preparing the sporting fields for games for all of our youth sports, we maintain and prepare for all middle school, JV and varsity sports for GM/HS. We are in charge of the information booth, Moose tours, summer concert series and many other activities for youth and adults.

Jeff Stewart, Gorham Parks and Recreation Director

Jeff and the entire Parks and Recreation Department work long and hard to assure that our citizens and visitors have a well maintained environment through which to relax. They overlook a vast network which we, the average people in the community, take for granted while at the same time controlling problems that arise regularly to make sure that everything runs smoothly on a day-to-day, month-to-month, season-to-season basis. Thank you to Jeff Stewart and his crew. We appreciate all that you do for us.

Saturdays' FRESH AIR MARKET

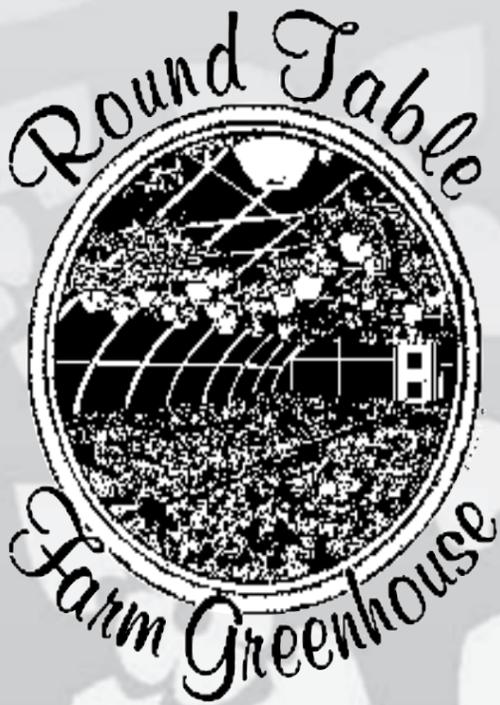
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Fresh Veggies (when available), Crafters, Flowers, Plants, & More!!
at The Market Place at 101

~~~~~  
10 AM to 2 PM Every Saturday (weather permitting)  
~~~~~

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Outdoor Sale Rack by Boutique at 101



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THE SEASON**

Dawn & Ernie, Proprietors
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Summer Activities & Events

World Cup Summer Soccer \$5.00

This program is for children entering grades 3-6 for school year 2012-13. This year our summer soccer program will be run by. Some minor instruction and drills will be introduced during the first 15 minutes with the remaining time left for scrimmaging. The program will be held at Libby Soccer Field on Tues and Thurs from 6/26 to 8/9 (except 7/5) and will run from 10:00-11:00 am.

Adult Coed Softball League & Tournament

This league is for adults ages 18 and up. Season runs Sundays from May 13th to July 29th. There is also a tournament held on August 12th. Although our season is underway, players may be added to team rosters until July 6th. For more info, contact the Rec. Dept.

Youth Trips

June 20th – Santa's Village \$25.00
June 27th – Mini Golf & Dairy Queen \$10.00

Archery Program – (NEW for 2012)

Youth Archery Program \$15.00

Please visit our web site to fill out and download the permission form for this activity. Forms must be return to the Rec. Dept. prior to the first session.

The program will include three sessions

Session I	Friday, July 6	9:30-11:30am
Session II	Friday, July 20	9:30-11:30am
Session III	Friday, August 3	9:30-11:30am

AMC – Youth Hikes – (NEW for 2012)

Youth Hikes \$5.00

All of our hikes are lead and supervised by fully trained AMC instructors

Please visit our web site to download the permission forms necessary for these activities. Forms must be return to the Rec. Dept. prior to each AMC session.

Libby Recreation Complex Pool

Cost: Children \$1.00, Adults \$1.50, Individual Season Pass \$30.00, Family Season Pass \$45.00 (immediate family only), Organization Season Pass \$45.00.

Season passes may be purchased at the Rec. Dept. or at Libby Recreation Complex entrance building.

The Libby Recreation Complex opens Saturday, June 16th and the last day is Sunday, August 12th (subject to change). The complex is open seven days a week from 10:00am – 6:00pm, with the exception of inclement weather. Concessions are available on site. There is no fishing before 6:00 pm.

Join us for another great year at Libby Recreation Complex. For those unaware, the water source for Libbys comes directly from the Peabody River. Enjoy relaxing on the beach, playing on the fields, or bring your flotation devices and sand toys for additional fun. Please remember that the Rec. Dept. and the Town of Gorham accept no responsibility for unsupervised children and retain the right to remove persons due to unsafe actions. Children under 14 must be accompanied by an adult.

Swimming Lessons

We are proud to welcome back Betty Griffin as our swimming instructor. Cost: \$30.00 per child. If your child did not take lessons with us in 2011, please visit our website www.gorhamnh.org under the "Summer Info & Programs" page and then click on "Swimming Lessons Group Info". Please indicate which group you believe your child should be placed in on the summer registration form (located in the back of this booklet).

Session I	July 9th – July 19th	Mon – Thurs (Friday is a rain date)
Session II	July 23rd – August 2nd	Mon – Thurs (Friday is a rain date)

- Swim level is determined by the swim instructor.
- Lessons are half hour blocks and may run anywhere from 10:30am to 1:00pm.

- You will be notified of lesson time before your scheduled session date.

Summer Park Program

Come and join our Summer Park Program for a variety of supervised activities such as games, swimming and crafts where each week will be a different theme. The program runs M-F for 7 weeks beginning Monday, June 25th through Friday, August 10th. There will be no parks program July 4-6th. The summer park program is for children ages 5 - 12. (Must be 5 years old by 7/1/2012.) NO EXCEPTIONS! The program runs daily from 9:00-12:00 pm and will be held at the Libby Recreation Complex. The children will have full use of the pool, park and fields. Don't forget to mark your child's t-shirt size on the registration form. Please pack bathing suit, towel, sunscreen, and a snack daily.

Cost: \$55.00 per child, for entire park program. \$50.00 per additional child, \$5.00 for single day registration - (all forms must be filled out)

Registration: This can be done through the Recreation Office or on the first day of Park Program. Single day registrations can be done on that same day at Libby Recreation Complex. See our website at www.gorhamnh.org for registration forms, trip information or to check on updates, etc.

Animal Stories

WALTER'S WORLD

Summer is here and I get to see many more of my friends in the neighborhood and the beautiful smells of the season are intoxicating.

Welcome to some newcomers, Oscar's companion, Ginger and Rafee's new brother, Oakley. I've seen Daisy more often, which I'm happy for because she makes my heart go "pitter-pat".

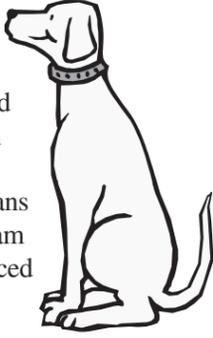
The 4th of July Holiday is coming along shortly and my humans are very patriotic, as am I, but like many of my 4-legged pals, I am sensitive to the loud sounds that fill the air because of my enhanced hearing. Please remember that we guys and gals may get a little "spooky" and lose our composure when the fireworks and loud horns become hurtful to our sensitivities. We'll be back to normal, I promise, but just have patience with us during this time.

With the hot weather rolling in (finally), please make sure we have plenty of cool, fresh water to drink and adequate places of shade where we can escape the blazing sun. Many of us have coats that are great to have in the cold weather, but not so great when it is warm outside.

Here is a Summer sport I'd like some of the humans to try – We, your non-human buddies, can ride on the bikes or cycles while we pull you along with a leash around your neck making you keep up. We can take turns, if you like, to see who will survive this exercise the longest!! I think you'll quickly realize that this is NOT FUN!! Not only that, it is extremely dangerous to us.

Keep those cards and letters coming, folks. I read every one of them (with the help of my humans, of course.)

Your pawfectly purrfect friend,
Walter



BEAR ACTIVITY HIGH: HOMEOWNERS AND CAMPERS SHOULD TAKE PRECAUTIONS

Bears seem to be coming out of the woodwork in New Hampshire these days. The New Hampshire Fish and Game Department is dealing with numerous bear complaints from around the state, many of them involving female bears with cubs.

Last Saturday (June 16, 2012), a Grafton, N.H., woman was injured after encountering a bear with cubs on her deck while letting her dog out. Female bears are often protective when cubs are present, or when approached by a dog.

Because a person was injured in the Grafton incident, Fish and Game responded by setting a culvert (live bear) trap near the woman's house for three nights, as protocol requires, to try to capture the bear if it returned. As of Wednesday morning (June 20, 2012), the bear had not returned and the trap has been removed. Wildlife officials consider it unlikely that the bear will return to the site. No additional trapping is planned at this point in time.

June is often a busy month for bear activity, but this year is unusually so, according to USDA Wildlife Damage Specialist Rob Calvert. "The early spring has fast-forwarded these bears into July feeding behaviors, but the wild berry crop won't be ready for another month," said Calvert. "So they are pan-handling – coming out of the woods, often with cubs, to seek out easy sources of food near houses and farmyards for themselves and their young."

Early summer represents a somewhat lean time for bears, according to Andy Timmins, Fish and Game bear biologist. Last fall's acorns have turned into woody sprouts. Lush spring vegetation has hardened off and is less valuable to bears. Most of the summer fruits that provide food for bears will not be available for a few weeks. "This period of low food abundance causes bears to search out high-quality, readily available foods provided by humans, and is the main reason why the majority of bear complaints in New Hampshire occur during June and July," says Timmins.

The high level of bear activity this year means it is more important than ever to remove any bear attractants from your property. Although black bears are generally shy and usually avoid humans, they are opportunistic and will search for human food supplies when natural foods are not available. Birdseed, unsecured garbage and pet food all can be big temptations for bears.

Many backyard chicken operations in New Hampshire have been targeted by bears this year, too. "If you've got chickens, you need to protect them by using electric fencing or a very sturdy enclosure," said Calvert.

"Above all, the public must understand that it is illegal to intentionally feed bears in New Hampshire," said Timmins. "Intentional feeding can cause problems in residential areas and can result in fines. It also threatens the life of the bear, which may have to be destroyed if it becomes a nuisance animal habituated to human food sources. It's unfortunately often true that 'A fed bear is a dead bear.' So if you love bears, don't feed them."

The No. 1 rule for avoiding conflicts with bears while hiking and camping is to maintain a clean campsite. All food, garbage and aromatic items (like toothpaste and other toiletries) should be stored out of reach of bears. Do not store these items in your tent. If car camping, keep all food and coolers in a building or vehicle with the windows rolled up. If camping at a remote site, bring rope to properly hang these items. Use food canisters at remote sites when available. To assist visitors, the Androscoggin Ranger District in Gorham has a limited number of bear-resistant food canisters that are available on a first-come, first-served basis for up to five days. For more information on this program, go to <http://www.fs.fed.us/r9/white>.

Fish and Game recommends that people take the following action to reduce the chances of a bear visiting your home or campsite:

- Stop all bird feeding by April 1 or as soon as snow melts.
- Clean up any spilled birdseed and dispose of it in the trash.
- Secure all garbage in airtight containers inside a garage or adequate storage area, and put garbage out on the morning of pickup, not the night before.
- Avoid putting meat or other food scraps in your compost pile.
- Don't leave pet food dishes outside overnight.
- Clean and store outdoor grills after each use.
- Do not leave food, grease or garbage unsecured around campsites.
- Store food and coolers in a closed vehicle or secured area while camping.
- Finally, never intentionally feed bears!

"During these challenging times, we don't want to forget the amazing ecological, cultural and recreational values that bears represent to our state and citizenry," said Ellingwood. "Our ability to maintain bears in a positive light is largely impacted by the behavior of people. Anything the general public can do to keep our wild bears wild will contribute to the future well-being of this invaluable wildlife resource."

If you have questions about bear-related problems, you can get advice by calling a toll-free number coordinated jointly by the U.S. Department of Agriculture's Wildlife Services and the New Hampshire Fish and Game Department: 1-888-749-2327 (1-888-SHY-BEAR). For more information on preventing conflicts with black bears, visit http://www.wildnh.com/Wildlife/Somethings_Bruin.htm.

The Animal Rescue League of NH - North / Conway Shelter

For more info on The Animal Rescue League of NH - North / Conway Shelter and our adoption process, please visit our website www.conwayshelter.org or call (603) 447-5605

Hi I'm Kindle.. I heard that there is a smart blonde dog promotion at the shelter and well, it doesn't take a genius to figure out that I too can get a home if I am smart! So, I had a color consultation with Ashley over at Bungalow Styles who I understand does a very nice job with the curly hair and we settled on "Sun Goddess Gold" as it matches my Pips nicely. Pips by the way are the dots above my eyes, before my species became domesticated, they were used so I could sleep in the wild and appear awake to potential predators. See I AM a smart Blonde! Come adopt me quick before my cover is blown! You can meet Kindle at the Animal Rescue League of NH-North at 223 E. Main St. in Conway, NH.



"Following Atticus" paperback release and fundraiser for The Animal Rescue League of NH-North with Tom and Atticus August 7 at the Red Jacket Mountain View Resort



The Animal Rescue League of NH-North is pleased to be hosting a fundraising dinner for the Conway shelter featuring author Tom Ryan and his marvelous canine sidekick Atticus M. Finch. The dinner is scheduled for Tuesday, August 7 beginning at 6 pm at the Red Jacket Mountain View Resort in North Conway, NH, and will feature a speaking engagement from Tom and Atticus.

August 7, 2012 is the release date of the paperback "Following Atticus," and both

Tom and Atticus will be signing books that evening. The Conway shelter will receive a portion of any books that are pre-ordered from White Birch Books.

Tom has been very supportive of the Animal Rescue League of NH – North, most recently helping the Conway shelter raise money to help Scruffy, a little Shih Tzu found abandoned in a box on a hiking trail in the White Mountains. Tom recently rescued William Lloyd Garrison, an older Schnauzer, from the New Jersey Schnauzer Rescue Network. "In thinking of how neglected Will was when we adopted him, and about how Scruffy was heartlessly left behind, I'm reminded how fortunate we are as a society to have organizations that save and rescue animals from dire situations," Tom commented.

Tickets are \$50 per person, and for a special price a limited number of VIP seats are being offered to sit with Tom and Atticus' at their table on a first-come first-served basis. There will be a raffle that evening for two framed and matted, limited edition prints of the poster of all 48 of the 4000-footers that the duo climbed. The prints are signed by Tom, Atticus, and map artist Kathy Speight Kraynak.

For more information and to order tickets please call (603) 447-5605 or e-mail vmooore@conwayshelter.org. To pre-order books please contact White Birch Books at (603) 356-3200.

Photo: Tom Ryan and Atticus M. Finch

Hearing Enhancement Centers



Before I purchased hearing aids, I had to struggle to maintain social relationships. I didn't care to go many places and I was embarrassed to be in crowds of people. Now that I can communicate more easily, my family relationships have been restored. Since I started wearing my NuEar hearing aids, I'm able to watch TV with my children again and enjoy going out to eat with friends and family because I can hear over the background noise in the restaurant!

-Beth R.



"The moral of the story is don't let life pass by with hearing loss. I put off hearing aids for years because I felt I couldn't afford them. The professionals at Hearing Enhancement Centers helped me hear clearly again. They make it easy and affordable for everyone to have hearing aids."

-Armand M.

THE TRUTH ABOUT HEARING LOSS

1 IN 10
American's Experience Hearing Loss

TWENTY MILLION
People Are Exposed To Dangerous Noise Levels Each Day

65+
60% Of People Over The Age Of 65 Have Hearing Loss



Al Langley BC-HIS, Founder & CEO

THANKS TO MY ANNUAL HEARING EXAM...

For 26 years I have enjoyed helping thousands people throughout greater NH improve their hearing. Now, at age

52, my annual hearing exam detected the onset of a mild hearing loss.

Fully understanding the medical and social implications of untreated hearing loss (Alzheimer's, diabetes, heart disease, reduced mental scores, etc.) I immediately decided to try a nearly invisible hearing solution to clarify speech.

The results have been impressive! I would not have known I had mild hearing loss if not for a routine exam. The problem was caught at early onset and my family is thrilled I took the responsibility to better my hearing.

Al Langley

Learn More About The **LOOK™** Wireless System Inside



Great News!!!!

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For a **\$3,000 Hearing Aid Benefit!** NH State Law Requires Most Health Insurance to Cover a Minimum of \$3,000 on a Pair of Hearing Aids.

Call Us Toll Free Today At 800-755-6460 To Have Us Check Your Eligibility

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With The Purchase Of Any NuEar Imagine 2 Or LOOK™ Hearing Aids. Expires 7/20/12.

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Hearing Enhancement Centers



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